HECT 2013

Chef Frank

Tempering or pre-crystallizing chocolate couverture using the seeding method.

You will need some finely chopped chocolate plus one large piece of chocolate to pre-crystallize or temper the chocolate couverture..

- 1. Melt the chocolate to 115°F (46°C) over a very low simmering water bath (Bain Marie) or overnight in a chocolate melter. Let the chocolate cool to 100°F (38°C) for dark chocolate and 95°F (35°C) for milk and white chocolate.
- 2. Start adding the finely chopped chocolate to the melted chocolate. Stir to dissolve the chocolate and homogenize the mass.
- 3. When the temperature is just below 95°F (35°C) for dark chocolate and 92°F (33°C) for milk and white chocolate, stop adding the fines and add the large piece
- 3. Let the chocolate cool to 90°F (31.5°C) for dark chocolate. For white and milk chocolate allow the chocolate to cool to 87°F (29.5°C). Remove what ever is left of the large piece

