DAILY LESSON PLAN

| INSTRUCTOR | | DATE | |
|------------------------|--------------|----------------------------|--|
| ROBERT MASON | | March 9 th 2013 | |
| COURSE TITLE | | LESSON NUMBER | |
| HECT- HANDS ON CLINIC | | DAY 1 | |
| UNIT | SPECIFIC TOP | SPECIFIC TOPIC | |
| YEASTED DOUGH PRODUCTS | YEASTED BRE | YEASTED BREAD | |

INSTRUCTIONAL GOAL (outcome that students should be able to demonstrate upon completion of the entire unit)

- STUDENT WILL UNDERSTAND THE BASIC INGREDIENTS OF BREAD.
- STUDENT WILL DESCRIBE THE VARIOUS YEAST TYPES AVAILABLE, INCLUDING NATURAL LEAVENS.

YEASTED BREAD

- STUDENT WILL DISCUSS PRE FERMENTS AND WHY WE USE THEM.
- STUDENT WILL KNOW THE VARIOUS MIXING METHODS AND THE GOAL OF A PROPER MIX.
- STUDENT WILL DEMONSTRATE KNOWLEDGE OF THE 12 STEPS OF BAKING BREAD.
- STUDENT WILL EXPLAIN WHY WE "RETARD" DOUGH.

PERFORMANCE OBJECTIVE (use an action verb in a description of a measurable outcome)

- STUDENT WILL ARTICULATE THE BASIC INGREDIENTS OF BREAD AND HOW ADDITIONS IMPACT THE END PRODUCT.
- STUDENT WILL USE INSTANT YEAST IN THE PRODUCTION OF A LEAN DOUGH
- STUDENT WILL UNDERSTAND SOME BASIC PRE FERMENTS, WHEN AND WHY WE USE THEM.
- STUDENT WILL DEMONSTRATE A PROPER MIXING OF LEAN DOUGH, STRAIGHT DOUGH METHOD.
- STUDENT WILL UTILIZE THE 12 STEPS OF BAKING BREAD, INCLUDING "RETARDING" TO SLOW PROCESS.

RATIONALE (brief justification -- why you feel the students need to learn this topic)

STUDENTS WILL BE EXPECTED TO HAVE A FOUNDATION IN BASIC BAKING SKILLS IN A PROFESSIONAL KITCHEN. THE ABILITY TO ARTICULATE YOUR KNOWLEDGE ON THE TOPIC MAY PLACE YOU ABOVE OTHER JOB CANDIDATES.

LESSON CONTENT (what is to be taught)

- BREADS BASIC INGREDIENTS AND BEYOND. THE IMPACT OF INGREDIENTS ON END PRODUCT.
- VARIOUS YEAST TYPES AND HOW THEY DIFFER. DISCUSS NATURAL LEAVENS, PRE FERMENTS, ETC.
- DISCUSSION OF BASIC MIXING TECHNIQUES AND WHAT WE LOOK FOR IN A PROPER MIX.
- THE 12 STEPS OF BAKING BREAD.
- PRODUCTION OF 2 DIFFERENT BREADS.

INSTRUCTIONAL PROCEDURES

- a. Focusing event -
 - 1. IF ASKED IN AN INTERVIEW SITUATION, COULD YOU ANSWER THE QUESTION, "WHAT IS GLUTEN?"
- b. Teaching procedures
 - 1. GROUP DISCUSSION
 - 2. POWER POINT PRESENTATION
 - 3. DEMO OF THE TECHNIQUES
 - 4. PRACTICAL APPLICATION IN BAKESHOP
- c. Formative check
 - 1. DAILY QUIZ
 - 2. STUDENT PRODUCTION IN LAB
- d. Student Participation
 - 1. PRACTICAL APPLICATION IN BAKESHOP
 - 2. Q & A IN DURING PRODUCTION.
- e. Closure
 - DISCUSS THE DAYS PRODUCTION, CLEARING UP ANY REMAINING QUESTIONS.
 - 2. WHAT IS YOUR FAVOURITE BREAD AND WHY?

EVALUATION PROCEDURES

- **DAILY LAB SHEET**
- PRACTICAL APPLICATION IN BAKESHOP PRODUCTION.
- **MESSAGE BOARD QUESTIONS**

MATERIALS AND AIDS

