

2022–23 FCCLA STAR Event Updates!



Exciting Updates!
Revised 9-15-2022

Topics:

- Nina Dilbeck: 2022–23 FCS Professional Development
- Pablo Fischetti: FCSTAC Updates
- Melissa Webb: California Dept. of Education Updates
- Pat Peck: 2022–23 CA FCCLA STAR Events Updates
- FCCLA Region Chairperson STAR Updates
 - Child Development, Myeasha Pruitt (Region 10)
 - Culinary Display, Christina Martin (Region 9)
 - Menu Planning & Table Display, Katie Cox (Region 4)
 - Room Design, Myeasha Pruitt (Region 10)
 - Salad Preparation, Marianne Rock, (Region 8)
- Sandy Smith (Region 2), Maureen McCabe (Region 5)
Savannah Wegner (Region 6), Jennifer Montanez (Region 7)
- Questions and Answers



2022-23 Family and Consumer Sciences (FCS) Professional Development Project



<https://www.ca-fcs.org/professional-development/workshops>

Fall 2022	Date	Location
Food Safety and Sanitation Workshop - ServSafe® Workshop Description: click here	October 4 Tuesday 8:00 a.m. - 4:00 p.m.	Citrus Heights
Culinary Arts Skills: Engineering Excellence Workshop and Internship Workshop and Description: click here	October 21-13 Friday 4:30 - 7:30 p.m. Saturday & Sunday 8:00 a.m. - Noon	Sonora
FCS Curriculum and Technology Boot Camp Workshop and Description: click here	December 9 Friday, 8:00 a.m. - 3:00 p.m.	Santa Clara
Spring 2023	Date	Location
FCS Curriculum and Technology Boot Camp Workshop Description: click here	January 23 Monday, 8:00 a.m. - 3:00 p.m.	San Bernardino
Food Safety and Sanitation Workshop - ServSafe® Workshop and Description: click here	February 7 Tuesday	Pomona
FCS Curriculum and Technology Boot Camp Workshop Description: click here	February 17 Friday 8:00 a.m. - 3:00 p.m.	Stockton
Culinary Art Skills: Engineering the Future Workshop and Internship Workshop Description: click here	March 10-12 Friday 12:00 p.m. - 5:30 p.m. Saturday 8:00 a.m. - 4:30 p.m. Sunday 8:00 a.m. - 12:00 p.m.	Los Angeles
Fashion and Interior Design Workshop: Engineering the Curriculum Workshop Description: click here	May 11-12 Thursday - Friday	Los Angeles

FCCLA New Advisor Workshop



- **When:** Friday, April 21, 2023
- **Where:** Riverside, CA
- **Purpose:** For FCS teachers not active with FCCLA, new advisors (1-3 years) and pre-service students who will be future teachers and advisors.
- **Free:** Registration and hotel (double occupancy)
- **Reimbursed:** Travel, meals, substitute
- **Requirements:** Make application by March 31, 2023
- **Applications:** Contact Nina Dilbeck, ndilbeck@fcoe.org or 559-349-5826

2023 Leadership and Management Conference

<https://www.ca-fcs.org/professional-development/leadership-and-management-conference>



“Rekindle Your Passion”

Monday, June 19, 2023-FCSTAC Welcome Reception

Tuesday, June 20, 2023-Opening, General, & Concurrent Sessions

Wednesday, June 21, 2023, Industry Panel, Concurrent Sessions,
& Roundtables

Thursday, June 22, 2023, Post-Conference Workshop 1 & 2 Offsite





Who is FCSTAC?

Teachers of Family and Consumer Science including the following FCS industry sectors:

- **Education, Child Development, and Family Services**
- **Fashion and Interior Design**
- **Hospitality, Tourism, and Recreation**

September Updates

- New Vice President - Pablo Fischetti
- Strategic Plan
- Fred Jones
- New Website
- Region Representatives
- Newsletter will be out soon.

California Department of Education (CDE) Career & College Transition Division (CCTD)



CCTD provides administrative services, resources, and policy support to LEA's to improve performance in secondary education, including middle and high schools, adult education, CTE, workforce development, and distance learning programs.

Pete Callas, CCTD Division Director

Agriculture Education & Family & Consumer Sciences Office (AEFCS)

High School Innovations & Initiatives Office

Career Technical Education Leadership Office (CTELO)

Program and Administrative Support Office (PASO)

Adult Education Office

Charles Parker, AEFCS Manager


Melissa Webb, Education Programs Consultant (EPC)/FCCLA State Advisor

Please contact me by email at mwebb@cde.ca.gov or cell 916-212-0529

Updates:

- AEFCS Office currently has 2 Vacant Positions, Staff Services Analyst & Office Tech.
- Agriculture Education currently has 7 EPC's, 1 Assistant State Advisor, 1 Education Programs Assistant
- Majority of CDE staff are still teleworking. Must get permission to work in office.
- FCCLA Membership Goal: to achieve 20,000 FCCLA members this year!

2022-23 FCCLA STAR Permission Form



Name of Competitor: _____

Name of Event: _____

Culinary Display Category: _____

Please check Level: 1 2 3 and Occupational

CALIFORNIA FCCLA

STUDENTS TAKING ACTION with RECOGNITION (STAR) EVENT STUDENT PERMISSION FORM

This form is required of all California FCCLA members participating in STAR Events. Each STAR participant shall complete this page making certain it bears original signatures at all signature locations. Once completed, the form must be turned in during STAR check-in at the Region Spring Qualifying and State Finals competitions. If this completed form is not turned in, the student is disqualified and not eligible to compete. Additionally, students representing their chapters in a state finals chapter event, AND substitutes/alternates competing in state finals events who did NOT participate at the spring region qualifying event, must complete and turn in one of these forms at the state finals event official dress check.

NAME: _____ EVENT: _____ Level: _____

SCHOOL: _____ REGION: _____

Participant Agreement

I hereby certify that I am an active FCCLA member for the school year in which I am competing in STAR Events that my advisor confirms that my name appears on the official chapter roster on file with the FCCLA Financial Services Office; that my advisor/instructor has provided me with verbal and written instructions regarding personal conduct guidelines for participation at state-sponsored FCCLA events and for rules and procedures for my specific event area.

Date: _____ Participant Signature: _____

Parent/Guardian Agreement

I hereby agree that my son/daughter has my permission to participate in STAR Events activities sponsored by California FCCLA. I agree to hold harmless California FCCLA, the Family and Consumer Sciences (FCS) State Staff, the California Department of Education, and all of its/their agents, for any accident, illness or injury to my son/daughter during participation in state-authorized FCCLA activities, including STAR Events and necessary travel to and from activity sites. Further, I hereby grant to California FCCLA, FCS State Staff, and the California Department of Education, and to its/their employees, agents, assigns, and sponsors the right to photograph my son/daughter while engaged in FCCLA activities and use the photo and/or other digital reproduction of him/her or other reproduction of his/her physical likeness for publication purposes, whether electronic, print, digital or electronic publishing via the Internet for the purpose of promoting FCCLA events, activities and/or the organization itself. I certify that I am a legal custodial parent/guardian of the child named at the top of this form and that I have the aforementioned rights to assign.

Note: Parent/Guardian signature required regardless of Participant's age.

Date: _____ Parent/Guardian Signature: _____

THIS COMPLETED FORM MUST BE TURNED IN DURING STAR CHECK-IN AT BOTH THE REGION SPRING QUALIFYING COMPETITION AND STATE FINALS BY ALL COMPETITORS. FAILURE TO DO SO WILL MAKE THE STUDENT INELIGIBLE TO PARTICIPATE!

Revised 10/2019

NEW:
This year advisors will collect these forms from their students. We will provide a Google Form which Chapter Advisors will sign off that they have these forms.

FEES FOR CA STAR EVENT REGISTRATION

Individual Events - \$25.00

Team Events - \$25.00 per person on the team (1-3 per team)

Culinary Arts (Individual Event) - \$50.00

Baking and Pastry (Individual Event) - \$50.00

Parliamentary Procedure - \$25.00 per person (4-8 team)

FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA



2022-2023

Specific California (C) -STAR Event Updates

C-STAR Event Updates

- **Child Development, Levels 1, 2**
- **Culinary Display**
 - A: Appetizers, Levels 2,3
 - B: Breads, Levels 1, 2, 3
 - C: Cookies, Level 1
 - D: Creative Cakes, Levels 1, 2, 3
 - E: Wedding Cakes, Level 3
 - F: Patisserie, Level 3
- **Fashion Construction**
 - Level 1: California only
 - Use STAR Rules
 - Does not advance to National

C-STAR Event Updates

- **Menu Planning and Table Display, Levels 1, 2,3**
- **Room Design, Level 1**
 - Use 1/2 “ to 1 foot in diagrams
- **California Update to STAR Events,**
 - Entrepreneurship: Level 3 only
 - Event Management: Levels 2 and 3 only
 - Fashion Construction: Levels 1,2,3 (STAR rules: Level 1 does not advance to National)
 - Teach **or** Train: Student does not have to be enrolled in a capstone course

C-STAR Themes

- **Category A: Appetizers:** (Levels 2, 3) –
 - Level 2: Tropical: carved artistic garnishes—2 elements
 - Level 3: Tropical carved artistic garnishes—4 elements
- **Category B: Breads (Levels 2, 3)**
 - Level 2: Garden Art Focaccia Bread
 - Level 3: Twisted Yeast Bread
- **Category C: Creative Cake** (Level 1, 2, 3):
 - Level 1: Animal Inspired
 - Level 2: Super Hero
 - Level 3: Illusion Cake.
- **Category D: Cookies** (Level 1):
 - Level 1: Holiday (Baker's choice)
- **Category E: Wedding Cakes (Level 3)**
 - Level 3: Shimmer and Shine
- **Category F: Patisserie:** (Level 3)
 - Level 3: Rainbow/Colorful (at least 3 different colors)

C-STAR THEMES

Menu Planning & Table Display:

- **Level 1:** (Lunch): A Child's Birthday Party
- **Level 2:** (Dinner): Movie (student to specify)
- **Level 3:** (Brunch): Music (student to specify)

Room Design:

- **Level 1:** Dream Bedroom

Salad Preparation

- **Level 1:** Garden Salad
- **Level 2:** Asian Inspired
- **Level 3:** Seasonal Salad—Chef's(Student's) Choice of Season

CULINARY DISPLAY (Level 1, 2, 3)

Now Grades 6-8 Included!

Level 1:

Breads, Creative Cakes, Cookies

Level 2:

Appetizers, Breads, Creative Cakes

Level 3:

Appetizers, Breads, Creative Cakes, Decorated Wedding Cakes, Patisserie

*** Competitors in ALL Levels must wear chef coat, hair restraint, chef pants or black pants, and socks!**



STAR EVENT STUDENT IDENTIFICATION

NEW

- Present legible real Photo Official ID or School ID, or copy of Photo ID, or electronic phone picture of student ID at both region and state level competition.

If not = DISQUALIFIED



SALAD PREPARATION (Level 1, 2, 3)

- Must demonstrate preparation of salad and salad dressing during event
- No pre-made salad dressing allowed.
- **NEW: Competitors in all levels are now required to wear Chef Attire: chef coat, hair net and hat, chef pants or black pants, and socks.**



FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA



2022-2023

Specific STAR Event Updates



NATIONAL STAR UPDATES IN CALIFORNIA

- Bringing back a STAR Event: **Chapter Service Project Display** (Levels 1,2,3); rubrics for this event are scaffolded; be sure you are using the correct one for the level of participating students.
- We are offering a new STAR event this year: **Leadership** (Levels 1,2,3)
- **National Programs In Action, Parli Pro, Teach or Train**: rubrics for this event are scaffolded; be sure you are using the correct one for the level of participating students
- We are offering a new STAR event this year: **Leadership** (Levels 1,2,3)
- All events are in-person this year; no virtual rules are included in the events.

NATIONAL STAR UPDATES

- **Interior Design Scenario** will be posted by October 1
- **Sustainability Challenge:** no longer offered in California due to low participation
- **Food Innovations:**
Develop a cookie with less than 10 grams of sugar: specifics with each level of competition are in STAR Guide.
- **Planning Process:** now worth 10 points in each STAR event; new resources will be available to advisors
- **Baking and Pastry** and **Culinary Arts** are individual events
- Teach and Train is now Teach **or** Train

STAR Chair Updates

- Child Development: Myeasha Pruitt, Region 10
- Culinary Display, Christina Martin, Region 9
- Menu Planning and Table Display, Katie Cox, Region 4
- Room Design, Myeasha Pruitt, Region 10
- Salad Preparation, Marianne Rock, Region 8

LEVEL 1, 2, OR 3*

- Level 1 - 6–8th Grade
- Level 2 - 9–10th Grade
- Level 3 - 11–12th Grade
 - Level 3* (Student must be currently enrolled in an occupational program for Culinary Arts and Baking and Pastry)
- Mixed level teams are still allowed but must compete at the highest level of the team's members. Some events will still have eligibility requirements requiring specific courses or program enrollment to be verified at the state level.

LEVEL 1, 2, OR 3*

- This means that in events that are only Level 3, teams cannot include students in another other grade levels. Culinary Arts, for example, is only open to students in grades 11 and 12.
- Events that only have Levels 2 and 3 can only have students in grades 9-12.
- Events that have all three Levels can have a mixed team of any level.

COMPETITORS ALLOWED

Members in Chapter

Max. # of Individual & Team
Entries for STAR

12	6
13–15	9
16–20	12
Over 21	Unlimited

SPECIAL NEEDS OR ACCOMMODATIONS

- Requests must be made 3 weeks in advance of meeting
- Accommodations cannot be made on the day of competition
- Email Melissa Webb
- Register student as per ID name, request to have award printed in preferred name
- Must also request special accommodations for both; prior to Region and prior to State Conference



ALTERNATE & SUBSTITUTES

- ALTERNATE - only in team events, not in other competition. A student entered as an alternate cannot be entered as a competitor in any other event. Only the alternate member listed on the entry form may be utilized at any level of competition. A \$15.00 alternate fee applies and is due by January 10.
- ALTERNATES are now able to attend the event with their team, but they do not have to.
- SUBSTITUTION - must register before January 10; \$15.00 fee applies

STAR Event Reminders:

Students can only compete in ONE event.

Do not recycle projects from previous years
for students to use as their STAR projects!

ONLINE PROJECT SUBMISSION FORM

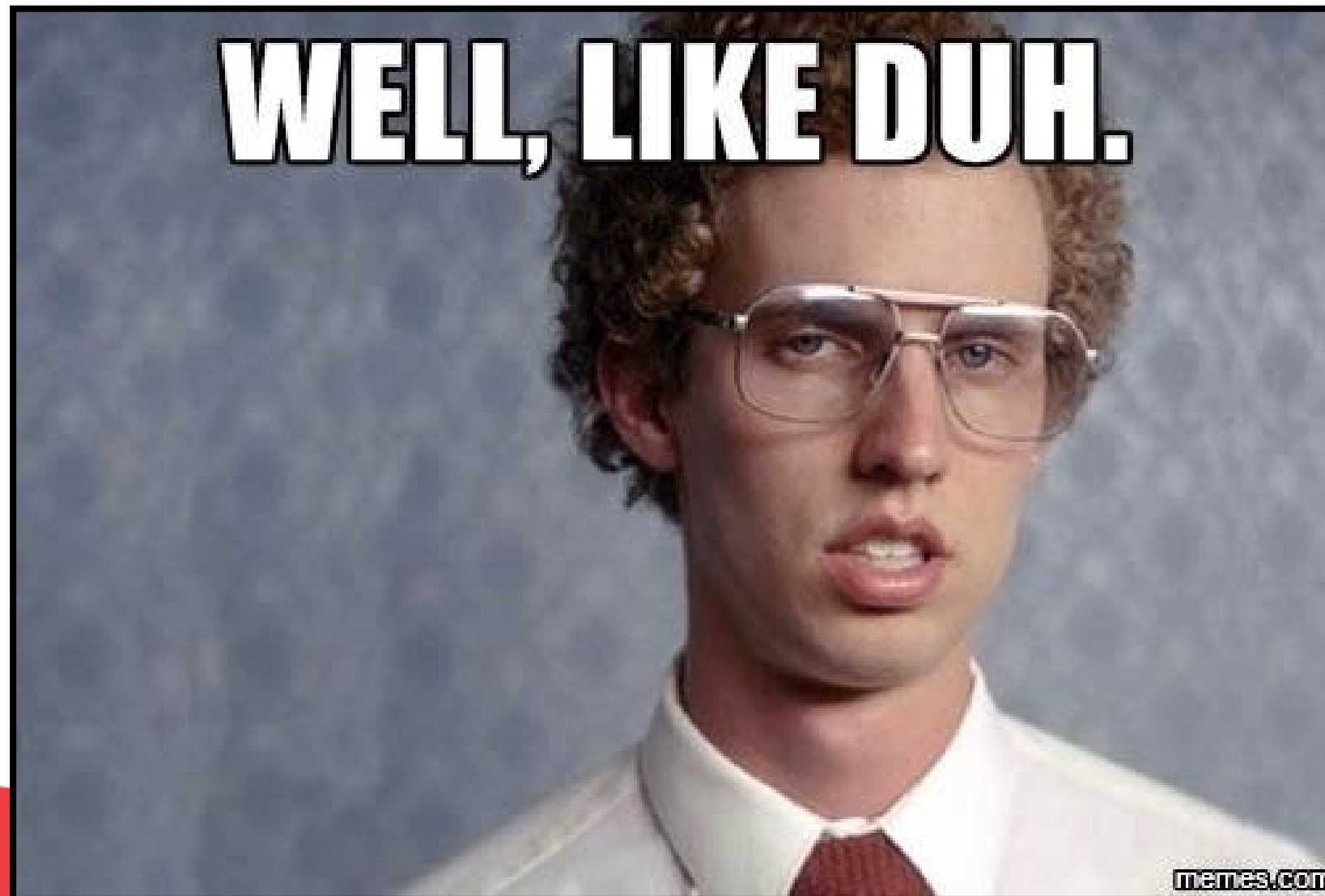
- STAR Events: Login to FCCLA Chapter, select Surveys Tab, Competitive Events, STAR Events Project Summary
- One submission per entry- team or individual
- Affiliate students with correct email address
- Requires advisor signature

ONLINE PROJECT EVENT ORIENTATION FORM

- **YouTube Orientation Video from State Officers**
To provide reminders to your competitors for Region and State Competition (Ex. Bring ID and STAR Permission Form, Official Dress, etc.)
 - Worth points on the Room Consultant Form!
- Competitors must watch (can do as a class), print out form and advisor sign
- Video and form will be posted to the California website: www.ca-fccla.org. Coming soon!


CITE YOUR SOURCES!


- Cite all sources
- “Recipe adapted from...”





PLANNING PROCESS SHEET- HUH?

- New resources coming from National
- Google: FCCLA Planning Process for samples


**FCCLA Planning Process Worksheet**


 **IDENTIFY CONCERNS**

 **SET A GOAL**

 **FORM A PLAN**

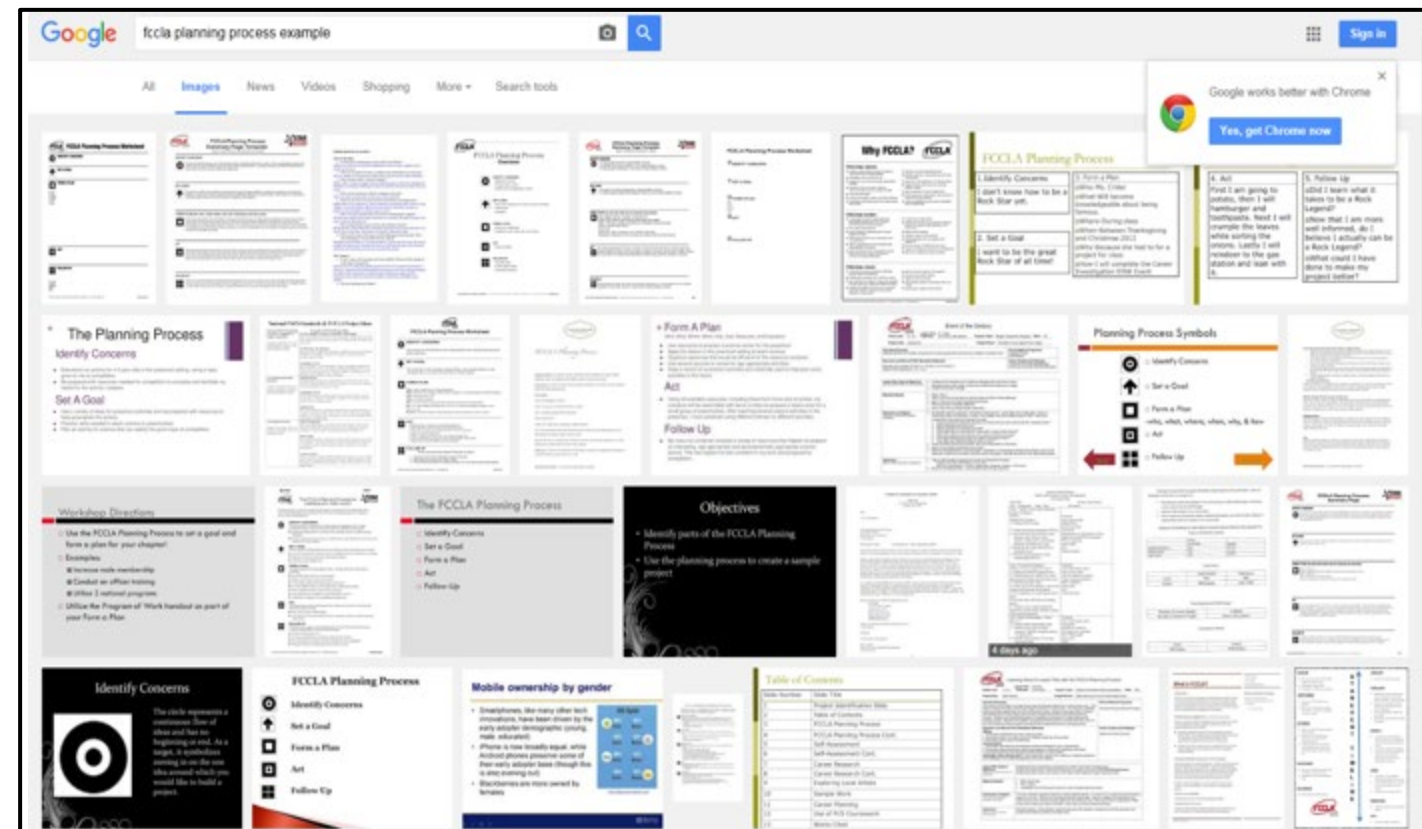
- who
- what
- where
- when
- why
- how

 **ACT**

 **FOLLOW UP**

What could have gone better/what did you learn?

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GOT QUESTIONS?

Ask your FCCLA State Advisor, Region Coordinator,
or Region STAR Chairperson!!!

