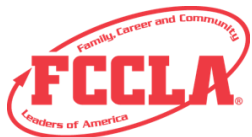




CALIFORNIA
STATE ASSOCIATION

STAR Events: Entrepreneurship, Event Management, Job Interview, National Programs in Action

Event	Entrepreneurship	Event Management	Job Interview	National Programs in Action
Team or Individual Event	Team of 1-3	Team of 1-3	Individual	Team of 1-3
Levels offered in California	Levels 2,3	Levels 2,3	Level 3	Levels 1, 2 or 3
Requires capstone course enrollment?	No	No	No	No
Course that it best integrates with	Concentration or Capstone	Concentration or Capstone	Concentration or Capstone	Introductory, Concentration, or Capstone
Summary	Develop a small business using FCS skills & sound business practices. Must relate to an area taught in FCS Education	Plan an event for an educational institution, community or non-profit organization, business, or governmental institution	Develop a portfolio, participate in job interview, and communicate a personal understanding of job requirements; demonstrate communication skills through interview	Explain how the FCCLA Planning Process was used to implement a national program project
Elements	Portfolio, implemented written business plan, oral presentation	Portfolio, event volunteering experience, researched proposal for an educational institution, community or non-profit organization, business, or governmental organization, oral presentation	Portfolio, job application, live interview	File Folder, oral presentation, visuals
Portfolio required	Yes	Yes	Yes	No
File Folder required	No	No	No	Yes
Oral presentation	Yes	Yes	Interview	Yes
Display	Can include	Can include	No	Yes
Theme posted on CA-FCCLA website	Business must relate to FCS education or related occupation	No	No	In rules

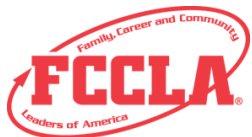


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STATE ASSOCIATION

STAR Events: Entrepreneurship, Event Management, Job Interview, National Programs in Action

Event	Entrepreneurship	Event Management	Job Interview	National Programs in Action
Notes	Rubrics are scaffolded by level	Participants must have completed a unit or course in consumer management or financial education in an FCS class. Level 2 project does not have to be implemented; Level 3 project must be implemented. Rubrics are scaffolded by level	CTE Online has several lessons in job interviews. https://www.cteonline.org/lesson-plans/1y894e/preparing-for-competitive-events-the-job-application-and-interview-event This has great elements, but the rules are a bit different than this event.	The National FCCLA website has good information on this https://fcclainc.org/engage/national-programs
NOTE: These may be integrated into any career pathway in Family and Consumer Sciences.				

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CALIFORNIA
STATE ASSOCIATION

STAR Events: Parliamentary Procedure, Professional Presentation, Sustainability Challenge

Event	Parliamentary Procedure	Professional Presentation	Sustainability Challenge
Team or Individual Event	Team of 4-8	Team of 1-3	Team of 1-3
Levels offered in California	Level 2 or 3	Levels 1,2,3	Levels 2,3
Requires capstone course enrollment?	No	No	No
Course that it best integrates with	Introductory, Concentration, or Capstone This also works well as the chapter integrates these skills into chapter meetings.	Introductory, Concentration, or Capstone	Concentration or Capstone
Summary	Develop a working knowledge of parliamentary procedure and the ability to conduct a business meeting	Make an oral presentation about issues concerning FCS and/or related occupations & provide visuals to illustrate the presentation	Address environmental issues and actively empower others by researching one of the five topics provided, investigate areas where they can make a difference, and develop a project for their home, school, or community
Elements	Online exam (national level), demonstration of a business meeting at competition	File folder, oral presentation, visuals	Portfolio, oral presentation, visuals
Competes at region and state?	State only	Yes	Yes
Portfolio required	No	No	Yes
File Folder required	Yes	Yes	No
Oral presentation	Yes	Yes	Yes
Display	No	Yes	Yes
Theme posted on CA-FCCLA website	No	Issue must relate to FCS	Issues listed on page 319 of the STAR Events Guidelines
Works Cited	No	Yes	Yes
Notes	The Riverside Parliamentarians have offered to coach a team anywhere in California via ZOOM. Contact information: Bob Palmer, judd3@aol.com	CTE Online Lesson: https://www.cteonline.org/projects/6m4wza/research-and-professional-presentations-an-fccla-star-event	Page 319 of the STAR Events Guidelines has detailed competition topics

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STAR Events: Focus on Children, Say Yes to FCS and Teach and Train and C-STAR Event: Child Development

Event	Child Development	Focus on Children	Say Yes to FCS	Teach and Train
Team or Individual Event	Individual	Team of 1-3	Individual	Individual
Levels offered in California	1,2	1,2,3	2,3	3
Requires current capstone course enrollment?	No	No	No	No
Course that it best integrates with	Introductory, Concentration	Introductory, Concentration, Capstone	Concentration, Capstone	Concentration, Capstone
Summary	Present a song, story, or educational activity suitable for a group of preschool children 3 to 4 years in age	Plan and conduct a child development project that has a positive impact on children and the community.	Demonstrate the knowledge & skills needed to explore and experience the career of being a FCS teacher	Explore/experience the career of teaching
Elements	File folder, oral presentation	Display, Oral Presentation	Portfolio, Classroom observations, Plan/execute a lesson, develop an FCCLA integration plan, oral presentation	Portfolio, plan/execute a lesson, oral presentation, shadow an educator
Addresses a specific need	No	Yes	No	No
Portfolio required	No	No	Yes	Yes
File folder required	Yes	No	No	No
Requirement: work with children in project	Demonstration of song/story to judges	Yes	Yes; execution of lesson	Yes; any grade level for lesson presentation
Oral presentation	Yes	Yes	Yes	Yes
Display	No; visuals may be used in presentation	Yes	Visuals used in presentation	Visuals used in presentation



STAR Events: Focus on Children, Say Yes to FCS and Teach and Train and C-STAR Event: Child Development

Event	Child Development	Focus on Children	Say Yes to FCS	Teach and Train
Career Exploration	No	No	No	Yes, template provided
Research of post-secondary institutions	No	No	Yes; 3 colleges required *	No
Interview of an educator	No	No	Yes, two; can be done electronically	No
Classroom observations required	No	No	Yes, two required; template provided. CTE online helpful lesson: https://www.cteonline.org/lesson-plans/8gfifx/fccla-competition-teach-and-train-a-second-look	Job shadow required
FCCLA Integration Plan	No	No	Consideration of 3 National Programs; template provided	No
Lesson Plan	Template provided	No	Required theme: Marketing FCCLA; can tie to FCCLA week	Grade level: K-12, template provided; use of technology required in lesson;
Works Cited	No	No	Yes	Yes
Notes	Lesson plan for this at CTE Online (it says FHA-HERO, but the event is the same): https://www.cteonline.org/lesson-plans/1r6nb9/storytelling		*Pat Peck can provide you with a list of colleges patpeck47@gmail.com	Lesson plans at CTE Online: https://www.cteonline.org/projects/ek28vs/fccla-star-event-teach-and-train-pbl-project FCCLA Lesson Plan: https://fcclainc.org/sites/default/files/Teach%20and%20Train%20Lesson%20Plan.pdf

STAR Events: Focus on Children, Say Yes to FCS and Teach and Train and C-STAR Event: Child Development

Other events that can be tied to Child Development Curriculum

- Entrepreneurship**
- Event Management, Levels 2,3**
- Job Interview, Level 3
- National Programs in Action, Levels 1,2, or 3**
- Professional Presentation, Levels 1,2,3**
- Public Policy Advocate**
- Room Design, Level 1*
- Interior Design, Levels 2,3*

*The theme this year is child-related

**Can choose a theme that is related to Child Development

Questions on these events? Pat Peck: patpeck47@gmail.com

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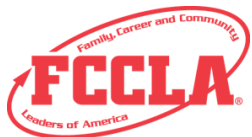
STAR Events: Baking and Pastry, Culinary Arts and C-STAR Events: Culinary Display, Menu Planning & Table Display, Salad Preparation

Event	Culinary Display	Menu Planning & Table Display	Salad Preparation	Baking and Pastry	Culinary Arts
Team or Individual Event	Individual	Individual	Individual	Individual	Individual
Levels offered in California	1,2,3	1,2	1,2,3	3	3
Requires capstone course enrollment?	No	No	No	Yes	Yes
Course that it best integrates with	Introductory, Concentration or Capstone Course in Culinary Arts	Introductory or Concentration Course in Culinary Arts	Introductory or Concentration Course in Culinary Arts	Capstone Course in Culinary Arts	Capstone Course in Culinary Arts
Summary	Student demonstrates skills in presenting foods for a buffet table/or fine restaurant dining.	Student demonstrates skills in menu planning & table display based on a theme	Student demonstrates knife skills/safety and sanitation skills to prepare a salad & dressing	Student demonstrates culinary skills in preparing a quick bread, choux pastry, shaped yeast bread, and cake decorating.	Student demonstrates culinary skills to produce a quality meal using industrial culinary techniques and equipment.
Elements	File folder, project display, oral presentation, placard	File folder, recipes, nutritional analysis, table display, menu card	File folder, food, and equipment, presentation	Time plan, equipment, food preparation, food presentation	Time plan, equipment, food preparation, food presentation
Food preparation required during competition	Yes	No	Yes	Yes	Yes
Competes at region and state?	Yes	Yes	Yes	Only at State	Yes
Chef attire required	Yes	No	Yes	Yes	Yes
Portfolio required	No	No	No	No	No

STAR Events: Baking and Pastry, Culinary Arts and C-STAR Events: Culinary Display, Menu Planning & Table Display, Salad Preparation

Event	Culinary Display	Menu Planning & Table Display	Salad Preparation	Baking and Pastry	Culinary Arts
File Folder required	Yes	Yes	Yes	No	No
Oral presentation	Yes	Yes	Question/Answer Period	Food Production	Food Production
Display	Yes	Yes	Yes, demonstration	Finished Products	Finished Products
Title Placard Required	Yes	Menu Card	No	No	No
Theme posted on CA-FCCLA website	Yes	Yes	Yes	Recipes posted on website before competition	Recipes posted on website before competition
Must include recipes	No	Yes	Yes	No	No
Nutritional Analysis	No	Yes	No	No	No
Notes	This event has several categories and multiple levels. See rules for current offerings.		Two CTE Online lessons will help in integrating this project into your curriculum: https://www.cteonline.org/lesson-plans/d4wda5/preparing-a-salad-and-dressing and https://www.cteonline.org/lesson-plans/9cjvow/final-lesson-salad-presentations	The recipes for the State competition will be on the CA website and will be provided for National competition	The recipes for the State competition will be on the CA website and will be provided for National competition
Other events that can be tied to Culinary Arts Curriculum <ul style="list-style-type: none"> • Entrepreneurship * Levels 2,3 • Event Management*, Levels 2,3 • Job Interview, Level 3 • National Programs In Action* Levels 1,2,3 • Professional Presentation* Levels 1,2,3 • Public Policy Advocate* Levels 2,3 <p>*Can choose a theme that is related to Culinary Arts</p>					
Questions on these events? Pat Peck: patpeck47@gmail.com					

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STAR Events: Food Innovations, Nutrition and Wellness, Sports Nutrition

Event	Food Innovations	Hospitality, Tourism, and Recreation	Nutrition and Wellness	Sports Nutrition
Team or Individual Event	Team of 1-3 people	Team of 1-3 people	Team of 1-3 people	Team of 1-3 people
Levels offered in California	Levels 1,2,3	Levels 2,3	Levels 1,2,3	Levels 1,2,3
Requires capstone course enrollment?	No	No	No	No
Course that it best integrates with	Introductory, Concentration, Capstone	Concentration, Capstone	Introductory, Concentration, Capstone	Introductory, Concentration, Capstone
Summary	Develop an original prototype formula for a food product, test the product through focus groups and develop a marketing strategy for the product	Demonstrate knowledge of the HTR industries and translate it into a hypothetical or real business. Project must relate to culinary, lodging, recreation, tourism, or event coordination	Track food intake & physical activity for a subject; determine goals & strategies for improving overall health	Plan and develop an individualized nutritional plan to meet the needs of a competitive student-athlete in a specific sport. This includes a sample nutrition & hydration plan based upon nutritional & energy needs of the student-athlete.
Elements	Display, product and packaging, oral presentation	Portfolio, oral presentation, case study	Portfolio, visuals, oral presentation	File folder, oral presentation, management tool, visuals
Competes at region and state?	Yes	Yes	Yes	Yes
Chef attire required	No	No	No	No
Portfolio required	No	Yes	Yes	No
File Folder required	Included in display	No	No	Yes
Oral presentation	Yes	Yes	Yes	Yes
Display	Yes	No	No	Yes



CALIFORNIA
STATE ASSOCIATION

STAR Events: Food Innovations, Nutrition and Wellness, Sports Nutrition

Event	Food Innovations	Hospitality, Tourism and Recreation	Nutrition and Wellness	Sports Nutrition
Title Placard Required	Product packaging must be developed	No	No	No
Theme posted on CA-FCCLA website	Yes; also in rules, page 168	No	No	No
Works Cited	No	Yes	Yes	Yes
Notes	Lesson Plans at CTE Online: https://www.cteonline.org/projects/fbm7ct/food-innovations-pbl-project			
Other events that can be tied to Hospitality, Tourism and Recreation <ul style="list-style-type: none"> • Entrepreneurship* • Event Management* • Job Interview* • National Programs In Action* • Professional Presentation* • Public Policy Advocate* <p>*Can choose a theme that is related to Culinary Arts</p>				

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**STAR Events: Interior Design, Fashion Construction (Levels 2,3),
Fashion Design and Repurpose & Redesign
And C-STAR Events: Room Design and Fashion Construction (Level 1)**

Event	Fashion Construction	Fashion Design	Repurpose & Redesign	Room Design	Interior Design
Team or Individual Event	Individual	Team of 1-3 members	Team of 1-3 members	Individual	Team of 1-3 members
Levels offered in California	Levels 1,2,3 (Level 1 does not advance to national)	Level 3	Levels 1,2,3	Level 1	Levels 2,3
Requires capstone course enrollment?	No	No	No	No	No
Course that it best integrates with	Introductory, Concentration	Concentration, Capstone	Introductory, Concentration, Capstone	Introductory	Concentration, Capstone
Summary	Apply fashion construction skills to create a display using samples of the skills; construct a garment or ensemble ahead of time.	Apply fashion design skills to design & market clothing styles with a 4-piece collection	Apply recycling & redesign skills to create a display with a used fashion home or other post-consumer items to repurpose into a new product.	Apply interior design skills to design interior space to meet theme requirements	Apply interior design skills to design interior space to meet theme requirements
Elements	File folder, oral presentation, display, sample garment, skill area selection chart	Portfolio, oral presentation, sample garment, display	Display, oral presentation, skills selection chart, time log, cost itemization	File folder, visuals, oral presentation	File folder, visuals, oral presentation
Portfolio required	No	Yes	No	No	No
File Folder required	Yes	No	No	Yes	Yes
Oral presentation	Yes	Yes	Yes	Yes	Yes
Display	Yes	Yes	Yes	Yes	Yes

**STAR Events: Interior Design, Fashion Construction (Levels 2,3),
Fashion Design and Repurpose & Redesign
And C-STAR Events: Room Design and Fashion Construction (Level 1)**

Event	Fashion Construction	Fashion Design	Repurpose & Redesign	Room Design	Interior Design
Sample Garment	Yes	Yes	No	N/A	N/A
Notes		<p>Lesson plan relating to this: https://www.cteonline.org/projects/edp4yr/fashion-history-pbl-project and cteonline.org/lesson-plans/rmkr48/the-fashion-design-process-creating-an-outfit NOTE: these lessons are good reference for this event. They are NOT the entire event.</p>	<p>Lesson Plan relating to this: https://www.cteonline.org/lesson-plans/hxvbyj/lessons-learned-in-fashion-create-a-recycled-fashion-item NOTE: This lesson was written a few years ago; check current rules and compare to this project.</p>		
<p>Other events that can be tied to Fashion and Interior Design Curriculum:</p> <ul style="list-style-type: none"> • Entrepreneurship* Levels 2,3 • Job Interview*, Level 3 • National Programs in Action* Levels 1,2,3 • Public Policy Advocate* Levels 2,3 • Sustainability Challenge* Levels 2,3 <p>*Can choose a theme that is related to Fashion/Interior Design</p>					
<p style="text-align: center;">Questions on these events? Pat Peck patpeck47@gmail.com</p>					

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