

MEASUREMENTS FOR FOOD PREPARATION

DIRECTIONS: Recipes call for different amounts of ingredients. Can you tell the size of those amounts? Look at the measurements below. Which amount is larger in each set? Draw a line under that amount.

A. Spoons

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|--|--|
| 1. 1/4 teaspoon <i>or</i> 1/2 teaspoon | 4. 1/2 teaspoon <i>or</i> 1 tablespoon |
| 2. 1 teaspoon <i>or</i> 1/2 teaspoon | 5. 1 teaspoon <i>or</i> 1/4 teaspoon |
| 3. 1 tablespoon <i>or</i> 1 teaspoon | 6. 1 tablespoon <i>or</i> 1/4 teaspoon |
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B. Cups

- | | |
|------------------------------|------------------------------|
| 1. 1 cup <i>or</i> 1/2 cup | 4. 1/3 cup <i>or</i> 1/4 cup |
| 2. 1/3 cup <i>or</i> 1 cup | 5. 1/4 cup <i>or</i> 1/2 cup |
| 3. 1/3 cup <i>or</i> 1/2 cup | 6. 1 cup <i>or</i> 1/4 cup |
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C. Ounces and Pounds

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|----------------------------------|--------------------------------|
| 1. 12 ounces <i>or</i> 12 pounds | 4. 4 ounces <i>or</i> 1 pound |
| 2. 1 pound <i>or</i> 3/4 pound | 5. 1 ounce <i>or</i> 2/3 pound |
| 3. 1/8 pound <i>or</i> 1/4 pound | 6. 3 pounds <i>or</i> 6 ounces |
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DIRECTIONS: For each of the ingredients listed below reduce the amount to half and double the amounts in the appropriate column.

INGREDIENT	HALF	AMOUNT	DOUBLE
salt		1/8 teaspoon	
pepper		1/4 teaspoon	
honey		1 tablespoon	
soy sauce		2 tablespoons	
shortening		2/3 cup	
powdered sugar		3/4 cup	
flour		1 cup	
granulated sugar		1 1/2 cups	
milk		2 cups (1 pint)	