**Resource 4**

UNIT 4, MODULE 4, LESSON 1

Student Worksheet

**Family Life Cycle Interview**

**Directions:** Find a family member or friend who is currently in one of the stages of the family life cycle to interview. The interview should take 10-15 minutes and can be conducted over the phone, in person, or by email. Record the responses below.Use this script to help you start the interview: “*Our FCS class at school is studying the five stages of the family life cycle. We are focusing on the changes in roles, responsibilities, and adjustments that individuals need to make as they move from one stage of the life cycle to the next. Would you be willing to answer a few questions from your perspective?”*

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| --- | --- | --- | --- | --- | --- |
| **In what stage of the family life cycle are you currently? Mark one.**   |  |  |  |  |  | | --- | --- | --- | --- | --- | | **Beginning Stage** | **Expanding Stage** | **Developing Stage** | **Launching Stage** | **Aging Stage** | |
| **What changes occurred as you moved from the last stage to your current stage?** |
| **What adjustments were made in the areas of roles and responsibilities of family members?** |
| **Are there any major changes, challenges, or issues that are being encountered in the current stage?** |
| **What advice would you give to individuals just entering your stage in the family life cycle?** |

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Family Living and Parenting Education