## Menlo-Atherton High School Home Economics Careers & Technology Department Food Science, Food Service & Hospitality College and Career Pathway

## **Food and Nutrition Course**

Spring 2016 -----, Teacher



California Career Technical Education Standards , Consumer and Family Studies Standards covered in this unit: Anchor Standards 1.0 - 11.0; HTR A10.5 - 10.11

Why is balanced food intake important?

Why is it important to be active?

Name Period Seat