



PROGRAM OVERVIEW

HOME ECONOMICS CAREERS AND TECHNOLOGY (HECT)
SKILLS FOR LIVING AND EARNING A LIVING



“EVEN IF STUDENTS DON'T PURSUE A CAREER IN ONE OF THE SUBJECT AREAS, I BELIEVE THEY CAN LEARN IMPORTANT SKILLS FROM HOME ECONOMICS AND TECHNOLOGY CLASSES. IT'S A GREAT EXPERIENCE THAT OPENS YOU UP TO SO MANY POSSIBILITIES. THAT'S WHAT IT DID FOR ME. IT GIVES YOU SKILLS TO BE A GOOD EMPLOYEE. IT GIVES YOU LEADERSHIP SKILLS, COMMUNICATION SKILLS, AND NETWORKING OPPORTUNITIES.”

— Adriana Kirienko,
Kitchen and Bath Designer at The Great Indoors
Rowland Heights, Ca.

The pressing demands of personal and work life in today's world call for both practical life management skills and career expertise. The good news is there is a program that addresses this need in California's public schools.

A Better Career

Students in Home Economics Careers and Technology programs gain the skills and knowledge to get—and keep—jobs in the fastest growing career fields.

A Better Life

Critical life management skills give home economics careers and technology students the advantage to succeed in personal and family life as well as the workplace.

A Better Future

Home Economics Careers and Technology programs reflect the needs and demands of today's society and job market. Home Economics Careers and Technology education provides the tools that lead to success.

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“ THE PROGRAM NOT ONLY PROVIDES STUDENTS WITH THE BACKGROUND TO GET JOBS, BUT THEY ALSO TEACH STUDENTS HOW TO BE GOOD EMPLOYEES WHO SUCCESSFULLY BALANCE THEIR HOME AND WORK LIVES. ”

— Ruth Kimmelshue Reding
Vice President at Cargill, Inc.
and former HECT student
Minnetonka, Minn.

“ SO MANY STUDENTS I KNOW FOUND THEIR CALLING WITH HOME ECONOMICS CAREERS AND TECHNOLOGY CLASSES. THEY FOUND LIFE-LONG PASSIONS THAT THEY LOVE DOING. EVERYTHING THEY LEARN WILL HELP THEM NO MATTER WHAT CAREER PATH THEY CHOOSE. ”

— James Oviatt,
Attractions Supervisor at Disneyland Resort
Anaheim, Ca.

Program Components

Home Economics Careers and Technology education consists of three interrelated components:

- Consumer and Family Studies, a program which provides relevant education and leadership skills for personal and family living in finding balance and satisfaction in work, personal and family life;
- Home Economics Related Occupations, a program in which students build upon their skills, knowledge and attitudes in order to secure and advance in fulfilling careers—from entry level to upper management—that utilize the full range of their talents; and
- FHA-HERO, the co-curricular student organization which teaches leadership and citizenship skills to succeed in home economics related careers and personal life.

All three components work jointly to prepare students for advanced education and high-quality careers.

“ IT’S A GREAT EXPERIENCE THAT OPENS UP TO SO MANY POSSIBILITIES. THAT’S WHAT IT DID FOR ME. ”

— Adriana Kirienko,
Kitchen and Bath Designer and former HECT student



For more information about the program, contact:

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